

**EK BHARAT SHRESHTHA BHARAT (EBSB) REPORT - APR 2023 MONTH ACTIVITIES****SAINIK SCHOOLS SOCIETY, MINISTRY OF DEFENCE**

SI	Name of the School	Name of the Activity Conducted	Date on which activity conducted	Small Write-up (250 words) on activity(s) conducted	Number of Students Participated
1	SS Amaravathinagar	Folk Dance Competition	4/8/2023	On the importance of the Folk Dance, cadets were briefed. People used to celebrate festivals and folk dances generally at the end of the crop harvesting season which is a common feature of all the societies. It is the time to meet different family members, relatives and exchange happiness and social issues.	50
2	SS Amethi	Folk Dance Competition on the theme of See the culture of Partner State	6-Apr-23	1. Introductio Ek Bharat Shreshtha Bharat was announced on 31st October 2015 by the Prime Minister Sri Narendra Modi to mark the occasion of 140th birth anniversary of a renowned politician and the first Deputy Prime Minister of India Sardar Vallabhbhai Patel. The scheme aims for improving the unity between different cultures of Indian society. It stresses on state-state, state-Union Territory or district to district harmony and brotherhood by organizing cultural exchange programs. The aim of this scheme is to boost unity in India through the existing cultural connections among various parts of the country. It also aims to improve interaction between Indian people who are living at different places all through the country. This initiative will connect people to people which will really enhance unity in India. 2.Activity.To enhance the proper understanding and bonding among cadets as well as strengthen the unity and integrity in India, SS Amethi conducted Folk Dance Competition on the theme of See the culture of Partner State on 6 Apr 2023. It was an influencing way to make the cadets know about the culture, traditions and practices of Bihar state. All the cadets participated in the activity with full enthusiasm and showcased their dancing skills elegantly. All the cadets were influenced and motivated to appreciate the cultural and regional diversities as India represents "Unity in Diversity.	235
3	SS Balachadi	Health and Wellness	30-Apr-23	On 30 Apr 2023 a Seminar was conducted by Class X cadets in the school auditorium on the topic MENTAL HEALTH AND WELLNESS. The cadets of 6 to 9 witnessed the presentation (In total 60 cadets present). During the seminar they discussed various points such as importance of Mental health in schools, Symptoms of mental illness, Tips for improving mental health by doing various activities in schools etc.	60

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4	SS Bijapur	Inter house folk dance and fancy dress competition	20-Apr-23	Ek Bharat Shreshtha Bharat (EBSB) program is an important means of imparting cultural awareness and training to the students at national level an active participation of partner schools on reciprocal basis, helps promote knowledge about each other states in a comprehensive manner. On 20th April 2023 under Ek Bharat Shreshtha Bharat (EBSB) program. Sainik School Bijapur organised the Inter house folk dance competition and fancy dress competition. Uttarakhand, also known as the "Land of the Gods," is a state in Northern India known for its scenic beauty, rich culture, and vibrant traditions. One of the most cherished aspects of its culture is its folk dances, which are performed on various occasions and festivals. This event was a great opportunity for students to showcase their talent and creativity while also learning about the cultural heritage of Uttarakhand. As part of our learning experience we have also conducted Inter house folk dance competition and fancy dress competition on partner state Uttarakhand. A total of 600 cadets took part in this activity.	600
5	SS Chandrapur	Investiture Ceremony	26-Apr-23	The investiture ceremony of Sainik School Chandrapur was held at Tarang Auditorium within the school premises on Tuesday, 25 April 2023 with customary elan and military grandeur. The programme started with the felicitation of the proud cadets who excelled in different national, state and district level competitions and marked their presence with the exemplary achievements. Rank Badges were conferred to 24 cadets selected for their past achievements and capabilities to don leadership roles in the school council and their respective houses. The event proceeded with the pipping ceremony of the new cadet appointments who administered an oath for sincerity and dedication towards their respective responsibilities. The chief guest, the Principal of the school addressed the cadets and congratulated them for their appointments. He further reminded them of the responsibilities to be carried out. The ceremony came to a culmination with the National Anthem.	24
6	SS Chhingchhip	Fancy Dress Competition on the Traditional and Festive Attire of Partner State & Folk Dance Competition on Partner State	29-Apr-23	On 29 Apr 23, a Fancy Dress Competition on the traditional and festive attire of Partner State i.e. Jharkhand and Folk Dance Competition on Partner State was conducted in the school. A total of 8 girl Cadets participated. The Cadets participated with great enthusiasm and zeal.	8

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7	SS Chittorgarh	Inter House Fancy Dress and Folk Dance Competition	21-Apr-23	Inter House Fancy Dress and Folk Dance Competition were conducted on 21 April, 2023 in SM Auditorium on "The Traditional and Festive Attire of Gujarat". These competitions were conducted under the aegis of "Ek Bharat Shrestha Bharat" programme mooted by Prime Minister Shri Narendra Modi during the Rashtriya Ekta Divas held on 31 October, 2015 to commemorate the birth anniversary of Sardar Vallabhbhai Patel. This programme aims to enhance interaction & promote mutual understanding between people of different states/UTs through the concept of state/UT pairing. Our school this year is paired up with Sainik School Balachadi, which is in Gujarat under the same. Total nine houses including Girls hostel participated in this competition. The total number of participants were seventy two. In these competitions, the cadets tried their best to showcase their creativity and talent to bring out the essence of Gujarat's culture, language, literature, cuisine, festivals, cultural events, tourism etc. In the Inter House Fancy Dress competition Cadet Neha, Cadet Bhavishya Singh, Cadet Nandani Kumari stood first, second and third respectively. Girls Hostel, Kumbha House, and Sanga House secured the first, second, and third positions in the inter house folk dance competition.	72
8	SS East Siang	Folk Dance and Fancy Dress Competition on the Traditional and Festive Attire of Partner State	20-Apr-23	Folk Dance and Fancy Dress Competition on the Traditional and Festive Attire of Partner State was conducted among the Cadet's of Sainik School East Siang. The mutual exchange events were held to promote knowledge of the culture, traditions and practices of Uttar Pradesh and to showcase the attires, dance, songs, and theatre of the partner state. The activity was very useful to link and to connect people through exchanges in areas of culture, language etc. and Cadet's also got experience about the cultural diversity of the partner state while realizing that India is one family, one nation.	40
9	SS Ghorakhal	SEE THE CULTURE OF PARTNER STATE, KARNATAKA	12.04.2023 & 28.04.2023	Fancy Dress competition (on the traditional & festive attire of partner state, Karnataka) was organized. Students of class VII to IX participated on 12.04.2023. Kannada group folk dance competition was conducted and students of class VI to VIII participated in it.	50
10	SS Goalpara	Not conducted due to Summer Vacation wef 02 April to 07 May 2023	Nil	Nil	Nil

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11	SS Gopalganj	Fancy Dress Competition on Traditional and Festive Attire of Partner State (Haryana)	25-Apr-23	SAINIK SCHOOL GOPALGANJ A REPORT ON EK BHARAT SHRESTHA BHARAT, April 2023 Sainik School Gopalganj has prepared a Calendar of Activities to be carried out in this year under the flagship programme of Government of India "Ek Bharat Shrestha Bharat, 2023. In this connection, a Fancy Dress Competition on Traditional and Festive Attire of Partner State (Haryana) on the theme See the Culture of the Partner State was organised on 25 April 23. A total of 14 Cadets took part in the event. All the participants were well dressed in the traditional attire of Haryana and enlightened the audience with their knowledge of Traditional Dress and Festive Attire of Partner State, Haryana. Through the activities all the participants acknowledged the audience that Haryana is one of the wealthiest states in India known for its rich cultural traditions. The Haryanvi men wear 'dhoti' for trousers. The men wear a kurta or a shirt over their torsos. The kurta or shirts are usually white in colour. Pagris is a turban or a headgear for the men. It is a rolled piece of long cloth wrapped around the head. The traditional footwear of Haryana is Jutti. Occasionally, men are found with a blanket draped over one of their shoulder, especially during the winters. However, Women of different communities wear different type of clothing. Women of Jat community are found wearing shirt and Ghagra with a Chunder. Women wear long, free, flared skirts called Ghagra. Ghaghra has different patterns and designs on them and are of many bright colours. They may also have a border at the bottom end. Odhni or Chunder is an elongated piece of cloth that women wear over their attire. Women of Ahir Community wear Angia - Lehenga with a Chunder. Angia is a tight-fitting blouse that women wear to cover their torsos. Thus, these people with the rich dressing sense enrich the cultural heritage of India.	14 Cadets
12	SS Jhansi	POSTER MAKING ON TRIBAL (FOLK) DANCE OF NAGALAND	29-Apr-23	Poster making on tribal (folk) dance was conducted for class 7 and 8. cadets participated enthusiastically and came up with creative ideas.	150
13	SS Jhunjhunu	(a) Fancy Dress Competition on traditional & festive attire on partner state (b) A folk dance competition on partner state.	(a) 28 Apr 2023 (b) 18 Apr 23	The school recently organized two events -Activities (a) a Fancy Dress Competition on traditional and festive attire of partner state and Activities (b) a Folk Dance Competition on Partner state. The events were held on different days, and both were highly anticipated by the students and teachers. 1) Activities (a)The Fancy Dress Competition was held on the 28th of April. Cadets participated in this competition with great zeal and their creativity. It was a delight to see the children dressed up in various attires of their partner state Bihar. The dresses wore by cadets included of Saree, Dhoti, Kurta, Gamcha showcasing the rich culture of their Partner state Bihar. 2) Activities (b) The Folk Dance Competition was held on the 18th of April. The competition saw the participation of various groups, with each group performing folk dance of their partner state. It also enhanced their knowledge and understanding about their partner state Bihar. The performances were a visual treat and showcased the rich cultural diversity of our country. The participants had put in a lot of effort and had been practicing for weeks. The judges had a tough time selecting the winners.	40

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14	SS Kalikiri	Fancy dress competition on the traditional and festive attire of Haryana state	4/23/2023	As a part of the ongoing Ek Bharat Shreshtha Bharat programme, cadets of Class IX participated in a Fancy-dress competition on the traditional and festive attire of Haryana state. Held on 23 April 2023, the main objective of organizing this competition was to enable the cadets to know more about Haryana State. Cadets showed their creativity by wearing Haryana traditional dress and learned the History, Culture, Customs, Practice, Beliefs and traditional dressing style of partner state Haryana, displaying their enthusiasm and passion for knowing the prominence of Haryana State. The Principal appreciated the cadets for taking an active part in the competition and advised them to continue learning more about the partner State by participating in all the forthcoming events as well.	70
15	SS Kapurthala	Fancy Dress Competition on the Traditional and Festive Attire of the Partner State	25-Apr-23	On 25th April 2023, a Fancy Dress Competition was organized in Sainik School Kapurthala under the Ek Bharat Shreshtha Bharat Programme 2023. The competition aimed to promote cultural exchange and awareness among students about the diverse cultural and traditional heritage of India. The competition was a huge success. The costumes were diverse and reflected the rich cultural heritage of India especially of Andhra Pradesh (paired state). It was heartening to see students taking an active interest in learning about the different dresses and culture of the partner state. The competition helped in promoting cultural exchange and unity among students. It encouraged students to appreciate and celebrate the differences that make India a unique and diverse country. In conclusion, the Fancy Dress Competition was a fun-filled and educational event that helped in promoting cultural exchange and awareness among students. It was a great opportunity for students to learn about the diverse cultural heritage of India and showcase their creativity and confidence. Such events should be organized regularly to promote cultural exchange and foster a sense of unity among students.	227 (Participants + audience )
16	SS Kazhakootam	Folk dance of pair state Himachal Pradesh.	11.04.2023	7 and 10 actively participated in this activity. Cadets of class 7 and 9 learned folk dance of Himachal Pradesh and performed in their classes. Knowing the culture of pair state is the main aim of this activity. Cadets actively participated in this activity.	30
17	SS Kodagu	Dance	20-Apr-23	Two popular folk dances of Karnataka namely 'Kamsaale' and 'Kolaata' was presented as part of EBSB. A fancy dress competition was also conducted where the cadets presented themselves as eminent personalities of West Bengal.	20
18	SS Korukonda	INTER HOUSE DANCE COMPETITION (FOLK OR CLASSICAL )	18-Apr-23	Inter House Dance Competition conducted at the Auditorium . Cadets presented various Folk Dances with great enthusiasm .	80
19	SS Kunjpura	ACTIVITY 1- Fancy Dress Competition on the Traditional and Festive Attire of Partner State. Activity 2- (b)Folk Dance Competition on Partner State.	15-Apr-23	Activity 1- The fancy dress competition was held to express the diversity of the state and the contribution of each section of the society in its growth and rise as one of the most progressive states of India. Eight children from classes VII and VIII participated and depicted the traditional attire of the state. Activity 2- Preparation was made to conduct a folk dance competition as part of functions to be held at the school over the entire academic session. Twenty girls participated. -Ghoomar	Activity- 08 & Activity 2- 20

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20	SS Mainpuri	See the culture of Partner State	25th April, 2023	The activity for the month of April - "See the Culture of Partner State" was successfully conducted on 25th of April 2023. The said activity involved (a) Fancy dress competition on the Traditional and Festive Attire of Partner State & (b) Folk Dance Competition on Partner State. Through this month activity the cadets were more aware about the rich and vibrant cultural heritage of Arunachal Pradesh with the help of such a great initiative by our government. Cadets were feeling joyful and enlightened after participating and observing this month activity. We at Sainik School Mainpuri welcome more such creative initiatives and pledge to participate with complete zeal. Jai Hind.	30
21	SS Nalanda	(A) Fancy Dress competition of Rajasthan (B) Folk Dance Competition	(A) 17 Apr 23 (B) 24 Apr 23	As per the direction of Sainik Schools Society, Sainik School Nalanda conducted the Fancy Dress Competition on 17 Apr 23 & Folk Dance Competition on 24 Apr 23 under the flagship programme of Ek Bharat Shreshtha Bharat for the month of Apr 2023. Sainik School Nalanda (Bihar) has been paired with Sainik School Jhunjhunu (Rajasthan). The Fancy Dress competition was conducted & Cadet Ashwini Gourav (Roll No-1608, Mahavira Jr), Cadet Jatin Sharma (Roll No-1744, Siddhartha Jr) & Cadet Anirudh Singh (Roll No- 1607 Mahavira Jr), Cadet Aishmeet Kumar Mehra (Roll No-1753, Ajatshatru Jr) bagged first, second and third prize respectively. Cadets also participated in Folk Dance Competition. Group B- (Cadet Hadiya Shams, Roll No- 1629 , Cadet Akshara, Roll No- 1620 & Cadet Ashwini Gourav, Roll No- 1608) got the first prize in this competition.	(A) 09 (B) 09
22	SS Punglwa	Fancy Dress Competition on the Traditional and Festive Attire of Partner State and Folk Dance Competition	22-Apr-23	1.Ek Bharat Shrestha Bharat (EBSB) is an important annual plan to promote National Integrity among the cadets at national level by imparting cultural sensitivity. Therefore, the scheduled activity of April month was conducted along with paired schools, i.e. Sainik School Jhansi and Amethi (Uttar Pradesh). 2.Teachers who were detailed for the activity of all the three schools discussed the various methods and strategies to carry out the activity successfully. A Whatsapp group was created for the same purpose in which innovative ideas were shared by each teacher. 3.A Google Meet Session was organized by the teachers that were joined by the cadets of paired schools subsequently. The teachers and cadets had a marvelous online session where cadets acquainted with the life style and culture of the paired school. 4.Class wise Activities was held, Fancy Dress Competition on the Traditional and Festive Attire of Partner State and Folk Dance Competition was held on 22 April 23 for classes VII, VIII & IX .132 cadets participated in the competition enthusiastically. 5.All the cadets were influenced and motivated to appreciate the Culture and Tradition, of our paired state as India represents "Unity in Diversity".	132 cadets
23	SS Purulia	(a) Fancy Dress competition (b) Folk Dance	24-Apr-23	An initiative has been taken by Sainik School Purulia to celebrate the theme culture of partner state i.e Karnataka . Objectives : To CELEBRATE the Unity in Diversity of our Nation . To PROMOTE the spirit of national integration through a deep and structured engagement . To SHOWCASE the rich heritage and culture, customs and traditions of either State . To ESTABLISH long-term engagements between States and Union Territories. To CREATE an environment that fosters a tradition of learning among the states.	35

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24	SS Rewa	Fancy dress competition	4-May-23	As per the schedule Sainik School Rewa conducted Fancy dress competition for junior cadets in the Manek Shaw auditorium. The chief Guest for the event was Mrs Neha Rawal. The off principal Lt Col APS Bhullar, Sqn Idr C Thrilok Senior Master Dr R S Pandey, Academic staff and students were present. It started at 1815hrs.	325
25	SS Rewari	Sainik School Rewari	26-Apr-23	Two events were conducted in the month of April on 26 Apr 2023 on the theme Culture of Partner State-Andhra Pradesh. Performance of Lombari Tribal Folk dance of Andhra Pradesh and Traditional costume display (Fancy dress) were showcased. These events are as under: - (a)Lombari Folk Dance (Andhra Pradesh). Lombari is a very famous tribal folk dance of Andhra Pradesh of Banjara Tribe. It was originated in the Anupu District of Andhra Pradesh. Six Girl Cadets (VI to VIII class) of Sainik School Rewari performed the Lombari Dance from in special assembly. All cadets and staff members witnessed the dance performance with keen interest. This event was conducted in Cadets mess. All the cadets, staff members and officers were present in this programme. Officiating Principal Wg Cdr Sunaina Chahar praised the efforts of cadets and their enthusiastic dance performance. She also felicitated the cadets by presenting them certificates of participation under Ek Bharat Shreshth Bharat programme. (b)Traditional costume display (Fancy dress). To know the culture of partner state Andhra Pradesh, an event of traditional costume display of Andhra Pradesh was organized on 26 Apr 2023 at Cadets Mess. Cadet Ashwith of class VI-A, Cadet Parul of class VIII and Cadet Eshika of class VII participated in the event and showcased the traditional costume outfits of Andhra Pradesh. Dhoti-Kurta (Male) traditional wear, Ikkat Saari costume and traditional costume of Banjara Tribe were displayed by the cadets and also explained the history of traditional dress of Andhra Pradesh. All participants have been felicitated with certificate of participation by the officiating Principal Wg Cdr Sunaina Chahar. She encouraged the cadets to grab the opportunity and participate more in such event where they can understand the diversity and significance of Indian culture.	9
26	SS Sambalpur	Folk Dance competition on partner State	4/22/2023	Sainik School Sambalpur was conducted a folk dance competition as part of the EBSB programme in the school assembly hall on 22 Apr 2023.	50
27	SS Satara	(i) Fancy Dress Competition on the Traditional and Festive Attire of the Partner State, Odisha. (ii) Folk Dance Competition on Partner State Odisha.	(i) 18 Apr 2023 (ii) 22 Apr 2023	(i)Fancy Dress Competition on the Traditional and Festive Attire of the Partner Ste, Odisha. Fancy dress competition was organised for class VII cadets on the subject Traditional and Festive Attire of Partner State-Odisha on 18 April 2023. Total 36 Cadets participated in it with great enthusiasm. (ii) Folk Dance Competition on Partner State Odisha. Cadets from class VII and VIII participated in the folk-dance competition of partner state- Odisha Conducted on 22 April 2023. Total 42 cadets from different houses displayed their best performances.	36 & 42 cadets
28	SS SujanpurTira	Fancy Dress/Folk Dance	23-Apr-23	In pursuance of the EBSB calendar of activities, following activities were conducted in the school in the month of April 2023: A folk dance competition was conducted in which cadets of class VII and VIII participated and depicted the classical dance form of Kerala state. The cadets wore the traditional attire of Kerala and presented the unique dance movements and style of the partner state. A fancy dress competition was also conducted in which girl cadets of classes VIII and IX participated. The cadets displayed the traditional wear of the state.	20

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29	SS Tilaiya	(a) Folk Dance Competition , (b) Fancy Dress Competition	27-Apr-23	(a) As a part of Ek Bharat Shreshta Bharat (EBSB) Folk Dance Competition on Partner State was carried out on 27 Apr 2023 by the Cadets of this School under the able guidance of Mr A Mukherjee (Craft Inst). Strength of 25 Cadets participated and 02 Officers, 45 Staff Members & 720 Cadets comprised the audience. This event helped the cadets to know about the folk dance form and culture of Partner State (Mizoram). (b) As a part of Ek Bharat Shreshta Bharat (EBSB) Fancy Dress Competition on the Traditional and Festive Attire of Partner State was carried out on 27 Apr 2023 by the Cadets of this School under the able guidance of Mr A Mukherjee (Craft Inst). Strength of 08 Cadets participated and 02 Officers, 45 Staff Members & 720 Cadets comprised the audience. This event helped the cadets to know about the folk dance form and culture of Partner State (Mizoram). Traditional Attire of Partner State (Mizoram).	25+8