## A Brief Report on "The Gift of Bottle Art"

As part of the ESEB Club, the students of NSS Training College, Changanacherry, Kottayam, Kerala, organized a bottle art exhibition and demonstration titled "The Gift of Bottle Art" under the able leadership of one of the students, Anjana.

This exhibition aimed at shedding light on the cultural heritage and lifestyle of the exquisite state of Himachal Pradesh and its inhabitants. Located near the mighty Himalayas, Himachal is a picturesque state famous for its deep-rooted Buddhist tradition, which is the religion followed by majority of the natives. Himachal has a strong Tibetan presence which is reflected in its monasteries, and other Tibetan celebrations.

The members of this exhibition were able to pay full justice to the state by being able to reflect the beauty, tradition and custom of Himachal Pradesh through their artworks. This included bottle arts depicting Buddha, a beautiful Himachali girl, images of various deities, art works and designs exclusive to the state and so on.

The biggest highlight of the event was that the products were made using waste materials such as cardboard, coconut shells, glass bottles, in order to create sustainable products that are eco-friendly.

On the whole, the event was a great success and helped us to understand and learn more about the culture, tradition, and lifestyle of the people in Himachal Pradesh.