



Department of Physical Education and Youth Red Cross of SeethalakhmiRamaswami College jointly organised a one day workshop on **First Aid – A Life Saving Skill** on 17.12.2019. Key note address was delivered by **Mrs. S.Gandhimathi, Professor, Department of Ophthalmology, Joseph Eye Hospital, Tiruchirappalli.** A team of members from **St. John Ambulance Brigade, Southern Railway, Ponmalai Division, Tiruchirappalli** demonstrated the **first aid techniques.**