



**ARIGNAR ANNA GOVERNMENT ARTS
COLLEGE,
CHEYYAR – 604407, TIRUVANNMALAI DIST,
TAMILNADU**

Yoga Day

This Day is being observed on 21 June every year. This day is celebrated mainly to create awareness among the masses world wide on the benefits of practicing yoga.

In order to keep the minds of students peaceful and concentrative and make them physically strong , the yoga is being practiced in the college premises at regular intervals.



