

1. Andhra Pradesh and Punjab

Andhra Pradesh is paired with Punjab under Ek Bharat Shreshtha Bharat programme. An Inter State Youth Exchange Programme was organized by Nehru Yuva Kendra, Guntur at Nalanda Institute of Engineering and Technology, Kantepudi, Sattenapalli, Guntur, Andhra Pradesh w.e.f. 21st November, 2018 to 5th December 2018. Various dances of paired States were performed. Daily Activities viz. Cultural Programme, Sports and Games, Traditional Dress Competitions and Cultural Competitions were organized for the participants.

Various other programmes such as an Interactive Session on Swasth Bharat, Diversity of Food across the Country & its importance in National Integration and Food Safety Standards, Session on Personality Development and Role of youth in National Integration, Essay Competition on National Development with Special reference to Ek Bharat Shreshtha Bharat, Group Discussion on Appreciation of language, dialect, alphabets, songs, proverbs of paired States and Group Discussion on Health issues, Prevention of Drug Abuse & Alcoholism and Suicidal tendency; Role of Youth in perseverance of Gender Equality, Swachh Bharat, Good Governance and Cashless Society, Youth Rally on World's AIDS Day, Session on Provision of Constitution 73rd Amendment Act, 1992 and 74th Amendment Act, 1992; Organisation of Gram Sabha, Session on Importance of Yoga & Physical Fitness, Session on Community Mobilisation and Youth Club Formation, Session on Role of Youth in Environment Protection and Prevention etc. were organized.

Field visits were organized to historical places such as Amaravati, Andhra Pradesh Secretariat, Andhra Pradesh Assembly and Legislative Council, Nagarjuna Sagar etc.

A total of 100 youths (50 from Andhra Pradesh and 50 from Punjab) participated in the programme.

2. Rajasthan and Assam

Government of Rajasthan got prepared Ek Bharat Shreshtha Bharat Question Bank by subject experts/academicians. The Question Bank is about Folk Culture, History, Monuments and Famous Sports persons from Rajasthan. More Than 4000 Questions with four options of answers along with answer keys have been uploaded on departmental website www.hte.rajasthan.gov.in. This Question Bank is available under title Department > Department of College Education >Activities>Student Corner>YDC in the above said Website.

An Inter State Youth Exchange Programme was organized by Nehru Yuva Kendra, Jaipur at Shankara Group of Institutions, RIICO Industrial Area Kukas, Delhi Road- Jaipur w.e.f. 19th January, 2019 to 2nd February, 2019.

Daily activities included Language learning session, Evening cultural programmes, Cultural exchange activities, Yoga and exercises, Group Singing, Daily Camp Reporting, Games and Sports viz Kabaddi, Volleyball and Badminton.

Other activities performed during this period were Youth Parliament, Chart/poster making and Painting competitions on topics of culture, tradition, cuisine, border security followed by Group presentation; Group Discussion on the topics of Health Care, Role of Government in Education and Cleanliness, Bad effects of Drug on Youths, Alcohol and Suicide, Gender Inequality, Swachh Bharat Mission, Cultural Diversity in Governance, Cashless Society and Conservation of Biodiversity, Diversity in Food and its importance in National Unity; Chart making competition on the topics of Health Care, Role of Government in Education and Cleanliness etc.

Debate on Ek Bharat Shrestha Bharat and Photography Competition was conducted followed by Essay Competition on Ek Bharat Shrestha Bharat and Unity in Diversity. Debates on Classical Dance and Role of Youth in Nation Unity irrespective of diversity in Language, Food, Standard of Living were also organised. Discussion on National Achievement was conducted and Local Language and Hindi sentence writing competition was organised for the participants. Lecture session on 73rd Amendment Act, 1992 and 74th Amendment Act, 1992 of Constitution with special emphasis on Gram Sabha – organisation of Mock Gram Sabha was conducted, which was followed by Declamation Contest on 73rd and 74th Amendment Act, 1992 of Constitution. Cultural Programmes of Rajasthan and Assam were organised by the participants of the paired States.

Field Visits and Educational Tour were organised for the participants. The participants were taken to Birla Temple, Moti Dungri Temple, Ganesh Temple, Jaipur Fort (Bhagwan Mahavir Viklang Sahayata Samiti), Mahatma Gandhi Medical College & Hospital, Bal Sambal Sansthan, Nahargarh Palace, Jantar Mantar, Hawa Mahal, Ram Niwas Garden, Albert Hall Museum, Shila Mata Temple and Amer Fort, Jal Mahal etc. The participants were also taken to Bharat Scout & Guides State Training Centre, Jagatpura where participants took part in Song Competition and performed folk songs and traditional songs of their respective states.

A total of 76 Youths (42 from Assam and 34 from Rajasthan) participated in the programme.

3. Tripura, Mizoram and Bihar

An Inter State Youth Exchange Programme was organized by Nehru Yuva Kendra, Agartala at Tripura State Cooperative Union; Agartala w.e.f. 21st November, 2018 to 05th December, 2018. The programme was inaugurated on 22nd November, 2018 by Shri Manoj Kanti Deb, Hon'ble Minister of Youth Affairs & Sports, Govt. of Tripura. Hon'ble Minister appreciated "Ek Bharat Shrestha Bharat" Programme and added that it has great significance in Nation building activities. An Interactive Session on "Ek Bharat Shrestha Bharat" was organised. Daily Activities included Yoga Practises, Sports Activities and Cultural Programme.

Various other programmes were performed including Seminar and Group discussion on HIV/AIDS, Language Learning Session, Traditional dance and song Workshop, Cultural programme, Mock Parliament, Rally of participants to deliver the message of Swachh Bharat, AIDS Awareness, Blood Donation & National Integration, Quiz and Debate Competition on "Ek Bharat Shrestha Bharat" etc.

Field Visits were organized to Adarsha Sangha, Dewan Pasha, Dhamanagar, North Tripura, Palatana Power Plant Project, Tripureswari Temple to Vivekananda Seva **Sangstha** at Aralia, West Tripura etc.

A total of 100 Youths (45 from Bihar, 24 from Mizoram and 31 from Tripura) participated in the programme.

4. Delhi and Sikkim

An Inter State Youth Exchange Programme was organized by Nehru Yuva Kendra, Delhi at Gandhi Smriti & Darshan Samiti, Raj Ghat, New Delhi w.e.f. 7th December, 2018 to 21st December, 2018.

Daily Activities included Yoga, Friendly games like Kho-Kho, Volleyball, Football, Badminton, Cultural Programmes etc. Padyatra Programmes were organised by the participants in traditional costume to commemorate the 150th Birth Anniversary of Mahatma Gandhi. Various other programmes were performed including Session on Unity in Diversity, Cleanliness Drive and Debate Competition on Ek Bharat Shrestha Bharat, Session on Role of youths of paired States towards unity of the States, Group Discussion on "Variety of foods & its influence on National Unity" and Lecture on "Different Flagship Schemes by Government of India", Session on Indian Culture and Education, Session on

Concepts of NYKS & Role of Youth in establishment of Youth Club ,Youth Parliament , Session on “Role of Youth in gradual Development of Rajbhasha-Hindi”, Lecture and Demonstration on Disaster Management, Session on Youth Empowerment and Awareness, Group Discussion on Communication Skill , Discussion on Ideals & Values of Gandhi , Session on Women Rights & Empowerment etc.

Field Visits were organised for the participants to Taj Mahal, Vrindavan, Lotus Temple, Lal Quila, India Gate, Gandhi Smriti, Tees January Marg, Samadhis of Great men, Magistrate Office, Signature Bridge, Yuva Aadarsh Gram and Vikas Club.

Participants from Sikkim also interacted with the families of locals from Jai Vihar and Dwarka and got knowledge about the culture, food of the host state, i.e. Delhi.

A total of 87 youths (42 from Sikkim and 45 from Delhi) participated in the programme.

5. Madhya Pradesh and Manipur & Nagaland

A cultural delegation comprising of 15 members of Progressive Artistes Laboratory (PAL), Imphal showcased varieties of Manipuri dance at Lokrang Samaroh organized by Government of Madhya Pradesh from 27th to 29th January, 2019.

An Inter State Youth Exchange Programme was organized by Nehru Yuva Kendra, Bhopal at WALMI Hills, Kolar Rd, Bhopal, Madhya Pradesh w.e.f. 7th December, 2018 to 21st December, 2018.

The programme contained daily activities including Games & Sports like Football, Kabaddi, Volleyball etc. and organisation of Cultural programme etc. A Padyatra Programme from Shaurya Smarak to Mayur Park was organised in traditional costume to commemorate the 150th Birth Anniversary of Mahatma Gandhi .Various other programmes were also organized including Discussion on Contribution of Youths for National Integration & harmony in diversity, Debate Competition on “Ek Bharat Shrestha Bharat”, An Interactive Session on ‘Variety of food in paired States and its effect on National Integration’, Session on Teachings of Gandhi, Declamation Contest on Ek Bharat Shrestha Bharat ,Language Learning Session, Session on Importance of different dances in India , Discussion on Efforts of Central Govt. for Better education, health & technical assistance; Youth Parliament on the theme of ‘Better education, health and Technical assistance’,Session on the topic of India’s National Unity, Discussion on

the topic of 'Environment & Clean India Movement', Group Discussion on topic of De-addiction, Self-Employment, Swachh Bharat Swastha Bharat, Cashless Society, Gender Equality and Increasing Problem of Suicide in country, Mock Gram Sabha, Essay Competition on topic of Goal of Nation etc.

Field Visits to Mansarovar Institute, Human Federation Museum, Sanchi Stupa, Shaurya Smarak were organised for the participants. Participants also interacted with the local people.

A total of 100 youths (17 from Nagaland, 22 from Manipur and 61 from Madhya Pradesh) participated in the programme.

6. Karnataka and Uttrakhand

An Inter State Youth Exchange Programme was organized by Nehru Yuva Kendra, Udupi at National Institute for SHG Training Pragathi Sauda, Udupi, Karnataka w.e.f. 7th December, 2018 to 21st December, 2018.

The Programme contained daily activities including Yoga, Cultural Exchange Programme, Recreation Activities, Sports and Games etc. Various other programmes were conducted including Lecture Session on Leadership qualities to enhance the spirit of National Integration, Local Language learning, Discussion on Swachha Bharat Programme and its importance today, Interactive session on topic of One India, Lecture on Life Skill training, Session on History of Uttarakhand & its Culture and on History of Karnataka- Makers of Modern Karnataka, Debate on Ek Bharat Shrestha Bharat, Session on Communication and Team Building Towards National Integration, Interactive session for the participants with the Sanoor Grama Sabha for a live and interactive session to see how decisions are made at the Village level and how problems are addressed, Session on Motivation, Inspiration towards National Integration, Lecture on Rain Water Harvesting and Environment Conservation, Interactive Lecture on Unity in diversity, Cookery Learning of Uttarakhand Dishes etc.

A Padyatra Programme was organised from PPC College Chowk to Vallakadu Composite School Chowk in traditional costume to commemorate the 150th Birth Anniversary of Mahatma Gandhi. The participants were asked to write 100 sentences in language of the host State i.e. Karnataka.

Field Visits were organised for the participants. The participants were taken to Malpa Beach, Karkala, Jain Monument of Lord Gomateshwara at Hill top, Jain Basadi, St. Lawrence Basalica, Cash Industry, Fort of Sultan Batteri (Mangalore), Solid Liquid Resource Management (SLRM) plant in Karkala taluk (Nitte), St. Mary's Island at Malpe, Chanmundi Hills, Chanmundi Temple, Nandi,

Mahishasura, Mysore Palace, world famous Zoo, Jagmohan Palace, St. Philomena's Church, Srirangapatana, Summer Palace of Tipu Sultan, Bird Sanctuary at RanganaTittu, Gumbaz of Tipu Sultan (Tomb), world famous Brindavan Gardens and Krishnaraja Sagar Dam.

A total of 100 youths (46 from Uttarakhand and 54 from Karnataka) participated in the programme.

7. Uttar Pradesh and Arunachal Pradesh & Meghalaya

An Inter State Youth Exchange Programme was organized by Nehru Yuva Kendra, Lucknow between paired States of Uttar Pradesh, Meghalaya and Arunachal Pradesh at Saksharta Niketan, Lucknow w.e.f. 07th December, 2018 to 21st December, 2018.

The Daily Programme in the Camp included Yoga, Sports & Games & Cultural Programme. Various other programmes were conducted including Debate Competition and Drawing Competition on Ek Bharat Shrestha Bharat; Sports & Games Competition. The participants were encouraged to write 100 words about each other depicting their cuisine, costume, culture, tradition, literature and social life. Rangoli Competition, Cultural Competition and Khana Khazana (Cuisine) competition were organised for participants followed by cultural presentation on their States.

A Session on Women empowerment was conducted followed by Volleyball tournament. A Padyatra programme was organised to commemorate the 150th Birth Anniversary of Mahatma Gandhi. Cleanliness Drive and Swachhta Programme were organised in the Campus of Literacy House, Lucknow. Youth Parliament was organised which was followed by Badminton tournament.

Field Visit was organised for the participants, which included visit to historical and tourist places in and around Lucknow. In the field visit programme, the participants were taken to a Youth Club in Nawabganj, Unnao where the participants interacted with Youth Club members. The participants were taken to Bithoor Festival where cultural programme were presented by the participants.

A total of 100 youths (6 from Arunachal Pradesh, 21 from Meghalaya and 73 from Uttar Pradesh) participated in the programme.

8. Tamil Nadu and Jammu & Kashmir

An Inter State Youth Exchange Programme was organized by Nehru Yuva Kendra , Chennai at Youth Hostel, Adayar, Chennai w.e.f. 10th December, 2018 to 24th December, 2018.

A Padyatra Programme was organised in traditional costume to commemorate the 150th Birth Anniversary of Mahatma Gandhi. The Padyatra traversed from Youth Hostel Puducherry and culminated at Rajbhavan, Puducherry. An interactive session with Smt. Kiran Bedi, Hon'ble Lieutenant Governor of Puducherry was organised for the participants in which Hon'ble Governor urged the youth to uphold Gandhian principles in their life as it is becoming more and more relevant in the contemporary Global scenario.

Declamation Contest on 'Ek Bharat Shrestha Bharat', Training session on 'Disaster and First Aid', Photography contest and Quiz Competition were also conducted. Cultural activities were also organised for the candidates in which participants performed various dances of their States. Participants were taken to Manonmanian Sundaranar University at Thirunelveli where they celebrated 150th Birthday Anniversary of Mahatma Gandhi and also interacted with Dr. Baskaran, Vice Chancellor of Manonmanian Sundaranar University. He announced a landmark scholarship exclusively for Jammu Kashmir students who will pursue research in field of Education.

Session on "Special Privilege for Kashmir" was organised by Advocate Ramani of Madras High Court in which he cleared the queries of the participants. Participants were taken to Kanyakumari where they contributed a "Post Box" initiated programme by Sh. Prassanth M Vadanere, District Collector. Participants also interacted with District Collector and Sub Collector. Field visits were organised for the participants to "Ponlait" Dairy, Nagercoil Padmanabhapuram palace, Vivekananda Rock, Thiruvalluvar Statue and Eco Park.

9. Dadra & Nagar Haveli and Chandigarh

An Inter State Youth Exchange Programme was organized by Nehru Yuva Kendra, Silvassa at Farmer Training Centre Dokmardi, Silvassa, Dadra & Nagar Haveli (U.T) w.e.f. 15th December, 2018 to 29th December, 2018.

A Padyatra Programme from Farmer Training Centre, Dokmardi, Silvassa to Gandhi Statue, Gandhi Garden, Silvassa was organised by the participants in traditional costume to commemorate the 150th Birth Anniversary of Mahatma Gandhi. Various other programmes conducted during this period included Session on Indian Constitution, Unity and Diversity of our Nation and Good Governance;

Lecture on Child Marriage, POSCO Act 2012, Child Rights, Prevention of Drug Abuse and Alcoholism and Digital India; Session on Youth Leadership, Youth Parliament, Debate on Ek Bharat Shrestha Bharat and Group discussion on Social justice, Lectures on Communication Skill and Swachha Bharat, Essay writing Competition on Ek Bharat Shrestha Bharat, Session on Youth Development, Sports Activity, National Youth Policy, Leadership, National Integration, Best Practices in Governance in the field of Education and use of technology etc. Sessions on Emotional Bonds between two States, Promoting the Spirit of National Integration, Ek Bharat Shrestha Bharat and Guidance for preparation of book containing information of culture, custom, tradition, Flora and Fauna of Partner State for disseminating to youth clubs etc. were also organized.

Debate on Ek Bharat Shrestha Bharat and Youth Parliament, Session on Freedom Struggle, , Lectures on Provision of Constitution (73rd Amendment) Act, 1992 and Constitution (74th Amendment) Act, 1992 and Gram Sabha, Panchayati Raj, Flagship Programme for Disabled People, Gender Equality and Total Sanitation were conducted.

Cultural Programmes by the participants dressed in their state attire were organized. Field visits were also organized. The participants were taken to Factory Visit, Madhuban Dam, Wildlife Park, Bio Diversity Park, Khanwel, Butter Fly Park, Dhudhani Lake, Parle Biscuit Company, Dadra Garden, Hirva Park, Laser Show, Boating, Sea Shore and other Tourist Places of Dadra and Nagar Haveli.

A total of 110 youths (43 from Chandigarh, 30 from Dadra and Nagar Haveli and 37 from Gujarat) participated in the programme.

10.Haryana and Telangana

An Inter State Youth Exchange Programme was organized by Nehru Yuva Kendra , Gurugram at Starex University, NH-8, Binola Village, Gurugram w.e.f. 16th December, 2018 to 30th December, 2018.

Participants from both the States performed Folk Dances of their respective State on the occasion. A Padyatra Programme was organised by the participants in traditional costume to commemorate the 150th Birth Anniversary of Mahatma Gandhi. The Padyatra traversed from Starex University to Binola Village.

Various other activities were performed which included Debate Competition, Motivational Session by Dr.Anupam Acharya (International Writer and Motivator) , Session on Language sharing in which the participants shared their language sentences and words, Speech Competition on Ek Bharat Shrestha Bharat, Nukkad Nataks on social issues of Beti Bachao- Beti Padhao and Child

Labour, Session on “Will Power and how one can achieve anything if one has strong will Power”, Session on activities of Nehru Yuva Kendra Sangathan, Mock Parliament by the teams of both States, Session on Positivity, Group Discussion and Drawing Competition in groups on different topics etc.

Field visits were organised for the participants. The Participants were taken to Kingdom of Dream, Gurugram, Musical show Jangoora, Chattarpur Mandir, Qutub Minar, India Gate etc.

A total of 108 youths (68 from Haryana & 40 from Telangana) participated in the programme.

11. Daman & Diu and Puducherry

The U.T of Daman and Diu is paired with U.T of Puducherry under the Government of India’s initiative “Ek Bharat Shreshtha Bharat”. The Department of Tourism, Daman had proposed to Ministry of External Affairs, to host the 53rd Know India Programme (KIP) in Daman for three days from 28th January to 31st January, 2019.

KIP is organized for foreign students of Indian origin of 18 to 30 years of age as an orientation programme to create awareness about India’s cultural heritage and various aspects of contemporary India. KIP is an engagement programme to introduce them to India and promote awareness about different facets of Indian life, cultural heritage of the nation, art and various aspects of contemporary India. For this, the Department of Tourism, Daman had invited students from Puducherry to come and perform and showcase the culture and tradition of Puducherry in front of the foreign students of Indian origin who visited Daman under KIP.

Around 15-20 students along with two escort teachers visited Daman on 29th January, 2019 till 31st January, 2019. Also, the Department of Tourism, Daman had invited two local troupes of Daman and they performed the local traditional dances in front of students of KIP and also in front of the students from Puducherry as a part of cultural exchange programme.

An Inter State Youth Exchange Programme was organized by Nehru Yuva Kendra, Daman at Bhimpore Ashramshala, Nani Daman, Daman w.e.f. 18th December, 2018 to 1st January, 2019.

Daily Activities included Yoga, Exercise, Campus Cleaning and Community Singing, Sports Programme, Dance-Cultural contest, Language Learning, Experience sharing, Cuisine of paired States etc. Two rallies on Plastic free Daman and on National Integration were organised. Other activities included Interactive

Session on Celebrating ‘Unity in Diversity’ of our Nation, Debate on Beti Bachao and Beti Padhao , Discussion on Strengthening and maintaining the fabric of traditionally existing emotional bonds between people of our country and Promoting the spirit of National Integration, Lecture on Preventive Health Care, Indradhanush Programme for vaccination, Community Development and Leadership , Session on Training in Cashless Transaction, Pradhan Mantri Jan Dhan Yojana and MUDRA Bank, Debate on Ek Bharat Shrestha Bharat, Session on Digital India, Make in India-Skill India, Start-up India and Stand- up India programme of Govt. of India etc.

Culinary festival was organised by Puducherry participants to learn culinary practices. Field Visits and Educational tour to important historical places were organised for the participants. The participants were taken to Jetty Garden, Mirasol Lake, Moti Daman Church, St. Jerome Fort, Daman Ganga, Devka Beach, Jampore Beach and Kadaiya sea shore in Daman followed by visit to Nakshatra Garden, Madhuban Dam and Balaji Mandir in Silvassa, Dadra and Nagar Haveli. Language learning session and cultural programme were organised for the participants to make them aware about the culture of each other and knowing each state.

A total of 100 youths (44 from Puducherry and 56 from Gujarat and Daman) participated in the programme.

12. Gujarat and Chhattisgarh

An Inter State Youth Exchange Programme was organized by Nehru Yuva Kendra, Gandhinagar at Govt. Youth Hostel, Sector-16, Gandhinagar w.e.f. 25th December, 2018 to 8th January, 2019. Daily Activities included Cultural Programmes, Language learning session, Yoga and Sports Tournament, Tree plantation etc. A Padyatra Programme was organised for the participants in their traditional costume to commemorate the 150th Birth Anniversary of Mahatma Gandhi. The Padyatra traversed from Youth Hostel, Gandhinagar to Dandikutir Gandhi Museum, Gandhinagar.

Other activities included Session on National Flagship Scheme and Skill Development, Start-up India, Prime Minister Employment Generation Programme (PMEGP), Session on Youth Development Programme, Lecture on Provisions of Constitution- 73rd Amendment Act, 1992 and 74th Amendment Act, 1992 and Gram Sabha, Discussion on understanding threats and challenges posed by divisive forces followed by debate on “Ek Bharat Shrestha Bharat”, Sessions on NYKS Programme and Activities, Special Projects, Swachh Bharat Campaign, Padyatra to commemorate 150th Birth Anniversary of Mahatma Gandhi; Discussion on Panchayati Raj and Rural deployment programs and Mock Gram Sabha, Sessions on Unity in diversity, National Integration, Combating terrorism/Naxalism etc; Session on Role of Youth in Peace and Social Harmony in Society and Group

experience sharing, Debate on Digital India; Cashless Society and Good Governance, Session on Career opportunity in Tourism, Importance of Sports and on Local products & Cuisine ,Session on Swachh Bharat Mission & Role of youth in total sanitation campaign etc.

Participants were taken to GEER Foundation where a session was taken on Role of Youth in Environment Awareness and Conservation followed by group discussion on Wildlife Bio-diversity through visiting Wildlife Diversity Park and Botanical Garden. Field Visits were organised for the participants. The participants were taken to Sabarmati Gandhi Ashram, Governor House, Adalaj Stepwell, Gujarat Vidhan Sabha, Akshardham temple, Rural technology Institute, Dandikutir Gandhi Museum, GEER Foundation, Indrora park, Swarnim Gujarat Sports University, SAI Campus, Doodhsagar Cooperative Dairy, Food Processing Unit, Gujarat; Vidyapith Campus, Swarnim Park, Environmental and Sanitation Institute, Sugad, Gandhinagar.

A total of 126 Youths (44 from Chhattisgarh and 82 from Gujarat) participated in the programme.

13.Odisha and Maharashtra

An Inter State Youth Exchange Programme was organized by Nehru Yuva Kendra, Bhubaneswar at Vocational Rehabilitation Centre for Handicapped (VRCH), Bhubaneswar w.e.f. 7thJanuary, 2019 to 21stJanuary, 2019.

Daily Activities included Yoga & Exercise, Friendly Sports activities, Language Learning session and cultural programme and interactive sessions.

An Interactive Session on celebrating unity in diversity of our nation, Strengthening & maintaining the fabric of traditionally existing emotional bonds between people of our country and promoting the spirit of National Integration was conducted. Meditation, Motivational Session and Discussion on Various Social issues were conducted. Sessions on Understanding Threats & Challenges posed by divisive force, Youth Motivation towards National Integration, Social Mobilization, and Folk Art of India were conducted. Lecture on India and Brotherhoodness was taken. Interactive Session on Diversity of food across the country & its importance in National Integration was conducted. Group Discussion and Appreciation of language & dialects, alphabets, songs, proverbs of host and participating states was conducted followed by organisation of Youth Parliament on glimpse of Best practices in Governance in the fields of health care, education, sanitation and use of technology. Declamation Contest was conducted. Group Discussion on health issue, prevention of Drug Abuse & Alcoholism, suicidal tendency, conservation of biodiversity, gender equality, Swachh Bharat, Good

Governance & Cashless Society was conducted. Programmes on Traditional customs and Dress festival were conducted.

Field Visits were organised for the participants. The participants were taken for an exposure visit to Bhubaneswar City and places of historical importance viz. Nandan Kanan Museum, Market Building, Science Park, I.G Park, Youth Club, Konark, Puri and Ram Chand Beach, Dhauligiri, State Museum and Governor House.

A total of 100 youths (35 from Maharashtra and 65 from Odisha) participated in the programme.

Ministries/Departments

Department of Youth Affairs

Nehru Yuva Kendra Sangathan under Department of Youth Affairs organized several Inter State Youth Exchange programmes containing the youths of the paired States under Ek Bharat Shreshtha Bharat programme.

For the youths of **Maharashtra and Odisha**, Nehru Yuva Kendra, Bhubaneswar organized programme at Vocational Rehabilitation Centre for Handicapped (VRCH), Bhubaneswar w.e.f. 7th January, 2019 to 21st January, 2019. For the youths of **Andhra Pradesh and Punjab**, Nehru Yuva Kendra, Guntur organized programme at Nalanda Institute of Engineering and Technology, Kantepudi, Sattenapalli, Guntur, Andhra Pradesh w.e.f. 21st November, 2018 to 5th December 2018. For the youths of **Tripura, Mizoram and Bihar**, Nehru Yuva Kendra, Agartala organized programme at Tripura State Cooperative Union; Agartala w.e.f. 21st November, 2018 to 5th December, 2018. For the youths of **Delhi and Sikkim**, Nehru Yuva Kendra, Delhi organized programme at Gandhi Smriti and Darshan Samiti, Raj Ghat, New Delhi w.e.f. 7th December, 2018 to 21st December, 2018.

For the youths of **Madhya Pradesh and Manipur & Nagaland**, Nehru Yuva Kendra, Bhopal organized programme at Walmi Hills, Kolar Rd, Bhopal, Madhya Pradesh w.e.f. 7th December, 2018 to 21st December, 2018. For the youths of **Karnataka and Uttrakhand**, Nehru Yuva Kendra, Udupi organized programme at National Institute for SHG Training Pragathi Sauda, Udupi, Karnataka w.e.f. 7th December, 2018 to 21st December, 2018. For the youths of

Uttar Pradesh and Arunachal Pradesh & Meghalaya, Nehru Yuva Kendra, Lucknow organized programme at Saksharta Niketan, Lucknow w.e.f. 7th December, 2018 to 21st December, 2018. For the youths of **Tamil Nadu and Jammu & Kashmir**, Nehru Yuva Kendra, Chennai organized programme at Youth Hostel, Adayar, Chennai w.e.f. 10th December, 2018 to 24th December, 2018. For the youths of **Dadra & Nagar Haveli and Chandigarh**, Nehru Yuva Kendra, Silvassa organized programme at Farmer Training Centre Dokmardi, Silvassa, Dadra Nagar Haveli (U.T) w.e.f. 15th December, 2018 to 29th December, 2018. For the youths of **Haryana and Telangana**, Nehru Yuva Kendra, Gurugram organized programme at Starex University, NH-8, Binola Village, Gurugram w.e.f. 16th December, 2018 to 30th December, 2018.

For the youths of **Daman & Diu and Puducherry**, Nehru Yuva Kendra, Daman organized programme at Bhimpore Ashramshala, Nani Daman, Daman w.e.f. 18th December, 2018 to 1st January, 2019. For the youths of **Gujarat and Chhattisgarh**, Nehru Yuva Kendra, Gandhinagar organized programme at Govt. Youth Hostel, Sector-16, Gandhinagar w.e.f. 25th December, 2018 to 8th January, 2019. For the youths of **Odisha and Maharashtra**, Nehru Yuva Kendra, Bhubaneswar organized programme at Vocational Rehabilitation Centre for Handicapped (VRCH), Bhubaneswar w.e.f. 7th January, 2019 to 21st January, 2019.

Department of Sports

Departments of Sports organized Hand Ball Competition and Mallakhambh Demostration in January 2019. Hand Ball Competitions were conducted at KD Singh Babu Stadium, Lucknow from 17th to 19th January, 2019. The match was conducted in the category of Girls U-20. The matches were conducted between the paired teams of Jammu & Kashmir & Tamil Nadu V/s Punjab & Andhra Pradesh; Uttar Pradesh & Meghalaya V/s Puducherry & Daman & Diu; Delhi & Sikkim V/s Goa & Jharkhand and Maharashtra & Odisha V/s Gujarat & Chhattishgarh. A total of 95 plyaers and officials participated in the competition.

Ministry of Information and Broadcasting

Doordarshan Kendra , Delhi telecasted various programmes on North East Round Up with Doordarshan Kendra Guwahati on 02.12.2018, 09.12.2018, 16.12.2018,23.12.2018 and 30.12.2018.

Ministry of Culture

Zonal Cultural Centres under Ministry of Culture organized a large number of activities in the month of December 2018. **ZCC, Thanjavur** organized many programmes including Commemorative Celebration on the Birth Anniversary of 150th Mahatma Gandhi, National Cultural Festival cum workshop and 40th National Cultural Festival. **NZCC, Patiala** organized fifth Naurah Richards National Theatre Festival, International Geeta Mahotsav, All India Crafts Mela, Eat Right Mela- National Street Food Festival, Acharya Abhinav Gupta Rasthriya Natya Mahotsav 2018 and Birth Anniversary Commemoration of Shri Atal Bihari Vajpayee. **EZCC, Kolkata** organized programmes of Indradhanush, Part Bharatiyam, Uday Shankar Dance Festival and Lok Sanskriti Mahostav. **NEZCC, Dimapur** organized the Hornbill Festival 2018, Umang Festival, Folk dances from Madhya Pradesh, Orissa, Manipur, Tripura and Local troops, Discover North East and Cultural Yatra. **SCZCC, Nagpur** organized Rajasthani Mahotsav. **WZCC, Udaipur** organized programmes of Shilpa Garam Utsav.

Ministry of Tourism

As a part of “Ek Bharat Shreshtha Bharat” program, various Institutes of Hotel Management under the Ministry of Tourism organized Food Festivals and other programmes.

The Institute of Hotel Management, Kolkata, West Bengal organised a Kashmiri Cuisine Workshop in their campus on 10th & 11th of January 2019 and Goan Cuisine Workshop on 23rd and 24th January 2019 to popularize the food of Jammu & Kashmir and Goa.

The Institute of Hotel Management, Bhopal, Madhya Pradesh organised a Manipur and Nagaland Cultural and Food Festival along with Madhya Pradesh in their campus on 16th January 2019.

The Institute of Hotel Management, Pusa, New Delhi organized an Assamese and Sikkimese Food Festival in their campus on 17th and 18th of January 2019. The Institute showcased the rich culture and food of Assam and Sikkim. Authentic food of the State was prepared by the students along with faculty of the Institute.

The Institute of Hotel Management, Bengaluru, Karnataka organized a Uttarakhand theme lunch titled 'Pahadi Dham' in their campus on 31st January 2019. The event highlighted the true essence of Uttarakhand by way of folk dances and songs performed by students of the Institute. The food prepared by the students on traditional dishes of Uttarakhand was appreciated by every guest.

The Institute of Hotel Management, Ahmedabad, Gujarat organised a Chhattisgarhi Food festival in their campus on 31st January 2019. The event was highlighted by the dance of folk dances and music by students of the institute throughout the lunch. The students wore authentic Chhattisgarhi dress and served food to the guests.

The Institute of Hotel Management, Gwalior celebrated the 2nd Ek Bharat Shreshtha Bharat festival in joint collaboration with IHM, Guwahati and IHM, Bhopal on 16th January, 2019 pairing with the States of Manipur and Nagaland. The inter IHM competition was held at IHM w.e.f. 14th to 16th January, 2019, in which the students from 11 other IHMs like Delhi, Chennai, Shimla, Gurdaspur, Bhubaneswar, Indore, Bhopal, Guwahati, Hyderabad and Goa were also present to experience the Gala Dinner in the evening along with their faculties. All the students and faculties were taken for the Light and Sound show at Gwalior Fort in the previous evening.

A video show involving the three States viz., Madhya Pradesh, Manipur and Nagaland was shown depicting the tradition, culture, costumes, festival and dance performance etc. to the public in the auditorium. Folk dance from Madhya Pradesh (Mahua Jhare) was performed by the group of eight boys and girls on the stage. EBSB Rangoli in the IHM lobby was created by the students and the flex banner was displayed at the Gwalior airport in the departure lounge and the main gate, auditorium and lobby of IHM Gwalior.

BHARAT PARV 2019

Ministry of Tourism, Government of India celebrated 'Bharat Parv' from 26th to 31st January, 2019 at the Madho Das Park and Gyan Path in front of Red Fort, New Delhi. In keeping with the Prime Minister's vision of Ek Bharat Shreshtha Bharat, Bharat Parv is being celebrated as part of Republic Day celebrations since 2016. The tradition has continued over the past four years and the 4th edition was held with the prime objective to generate a patriotic fervour, promote the rich cultural diversity of the country, wider participation of the general public, popularize the idea of 'Dekho Apna Desh' and also to popularize the idea of Ek Bharat Shreshtha Bharat. The Ek Bharat Shreshtha Bharat logo was widely showcased at the Crafts Stalls, Food Court Areas, Themed Tourism Pavilions, VIP Lounge and also at the main Cultural Stage.

Ministry of Human Resource Development

Indian Institute of Technology, Palakkad

Indian Institute of Technology, Palakkad organized a Cultural gathering which involved the paired states of Rajasthan and Assam on 30th January 2019. Students from Rajasthan and Assam showcased the various cultural art forms, history, life styles etc. of Assam and Rajasthan respectively. The programme contained presentation describing various cultural art forms, tourists attraction of Rajasthan, presentation on Assam, performance of Bihu folk dance of Assam and Ghoomar folk dance of Rajasthan. A drama depicting the historic story of Prithviraj Chauhan and Muhammad Ghorī was enacted. A Rajasthani song “Choudhary” and an Assamese song were melodiously rendered. A Rajasthani folk dance on the song “Rangilo Maro Dhol Na” was also performed. The programme was covered by All India Radio.

Indian Institute of Technology, (Indian School of Mines), Dhanbad

The Institute performed a Cultural programme under Ek Bharat Shrestha Bharat on Republic Day, on 26th January, 2019.

Indian Institute of Technology, Dharwad

Promoting India’s grand maxim of ‘Unity in Diversity’, IIT Dharwad celebrated the rich culture of Uttar Pradesh, Sikkim, Kerala, Lakshadweep, Dadra and Nagar Haveli, Daman and Diu and Andaman and Nicobar Islands on 26th January 2019. A cultural programme was organized with the participation of around 18 students under the guidance of the professors and help from the organizers.

Indian Institute of Technology, Indore

IIT Indore celebrated the 70th Republic Day with full patriotic fervor and enthusiasm on January 26, 2019. The cultural program conducted in the institute strongly resonated with the theme of Ek Bharat Shrestha Bharat. The students filled the ambience with a patriotic song “MaaTujhe Salam”. The event was a lineup of various diverse cultural events including Indian classical dances & plays.

Makar Sankranti, being one of the ancient Indian festivals, was celebrated with great fervour in IIT Indore. Students of IIT Indore celebrated the festival by flying kites and savouring sweets.

Indian Institute of Management, Kozhikode

IIM Kozhikode conducted several activities to celebrate various festivals. It brought the community together in the celebrations of the Christmas festival on 25th December, 2018. The students played Secret Santa for each other marking an eventful end to the year. Carols were sung by both Keralites and Himachali students together and sweets were distributed in the Campus followed by a procession led by students dressed as Santa in the faculty block to greet students.

The institute celebrated 70th Republic Day on 26th January, 2019. The event started with flag hoisting by Director of the Institute. This was followed by cultural events like solo dance and a group song. Students from Himachal Pradesh also performed a group folk dance.

Motilal Nehru National Institute of Technology, Allahabad

Under Ek Bharat Shreshtha Bharat programme, Motilal Nehru National Institute of Technology, Allahabad celebrated 70th Republic Day on January 26, 2019. National Pledge in Hindi followed by Khasi language (Native language of Meghalaya with which Uttar Pradesh is paired with along with Arunachal Pradesh) was recited as a part of the activities. It was a unique and very enriching experience for everyone present.

Rangoli competition for the students was also conducted on the theme of Unity in Diversity and on Patriotic theme. Students showed tremendous interest during the conduct of the competition. A total of 11 students participated in the Rangoli competition.

National Institute of Technology, Raipur

Chhattisgarh is paired with Gujarat under Ek Bharat Shreshtha Bharat programme. National Institute of Technology, Raipur organised Uttarayan-The Kite Festival under “Ek Bharat Shreshtha Bharat” a flagship program of MHRD with an initiative to cherish the diverse culture of Gujarat in Chhattisgarh. The main motive of conducting this programme was to inculcate the Gujarati tradition of flying kites on the occasion of Makar Sankranti (Uttarayan). The Kite Festival was celebrated on 15th January 2019. The event saw a huge participation and enthusiastic involvement of students, faculty and staff members. All the participants actively supported the cause of the event and enjoyed flying the kites with passion. The event was covered by people from Doordarshan and All India Radio.

Indian Institute of Information and Technology, Surat

Indian Institute of Information and Technology, Surat organised Website Designing Competition on 23rd January, 2019.

Under this event, the students were asked to design a website with its full functionalities with well designed user interface i.e. the front-end part of the website as well as the back-end interfacing with the server. Students were asked to design a website with the features- A presentable and an attractive User-Interface and a Dynamic Database which should be handled only by the admin. The Database should be easily updatable and User-Friendly Back-end so that the admin can update the website with the recent events conducted by the Institute under EBSB program with ease.

The students presented their work with full enthusiasm. They tried to cover all above mentioned functionalities. The audience well appreciated their efforts. They were judged by the honourable judges based on the above criteria.

Central University of Tamil Nadu

The Central University of Tamil Nadu (CUTN) celebrated the “Ek Bharat Shreshtha Bharat” programme with organizing a discussion by a team of faculty members along with students about “Perspectives of tourism in Jammu and Kashmir” on 24th January 2019 such as its scenic landscape, beautiful valleys, lakes, snow-capped mountains, cool climate, skiing, trekking and fishing opportunities, archaeological, historical, cultural and religious places.

Jamia Millia Islamia

Delhi is paired with the State of Sikkim under the Ek Bharat Shreshtha Bharat Programme. Vice Chancellor, Sikkim State University, Gangtok visited Jamia Millia Islamia and delivered a lecture on “Cultural Integration and Harmony with special focus on Sikkim and Delhi” under the aegis of Government of India’s Ek Bharat Shreshtha Bharat (EBSB) programme. The objective of the lecture was to develop mutual understanding between Delhi & Sikkim.

University of Delhi

On the eve of 70th Republic Day of India, Lakshmi Bai College, University of Delhi celebrated the programme ‘Ek Bharat Shreshtha Bharat’. Through a stream of events, the college celebrated the unity in diversity of India and the emotional bonding amongst people of different regions, where the special focus was the North East regions and Sikkim. National integration was showcased through rich

heritage and culture, customs and traditions of seven sister states. The students learnt to appreciate the diversity of India. Students performed folk dance and music of various tribes of North East that promoted the learning of cultural practices and richness of the remotest regions of India.

The glorious manifestation of diverse cuisine, music, movies, handicrafts, painting and essay writings enabled students to imbibe the innate chord of binding and brotherhood. Culinary festivals (My Seven Sister's Platter) gave an opportunity to learn culinary practices; the Film festivals educated the different regions of India about the important issues prevalent in the North East; the photo exhibition manifested the scenic beauty, festivals and geographical potentialities and achievers of various walks of life. The Essay and Poster making competition gave an opportunity to the students of the college to write and paint 'India of their Dreams'. The magnanimous moment was the grand finale when students of all the regions sang with full vigour 'Vande Matram'.

Jawahar Navodaya Vidyalayas

Jawahar Navodaya Vidyalaya, Chamarajanagar, Karnataka

It organized a Spot Tableau & Essay Writing Competition on the topic of Ek Bharat Shreshtha Bharat on 26th January, 2019 and 27th January, 2019 in the Girls Dining Hall & Academic Block with the participation of Junior House and Senior House students. 31 students participated in the event.

Jawahar Navodaya Vidyalaya, Mamit, Mizoram

Mizoram Tourism Department organized Cultural Programmes at Mamit where the students of JNV, Mamit participated in the Folk dance (Chapchar Kut) and Mizo Cultural dance (Cheraw).

Sainik Schools under Ministry of Defence

A ceremony of three day Central Sainik Schools' Mahotsava- Ek Bharat Shreshtha Bharat was organized at Sainik School, Bijapur from 29-31 Jan 2019. There was enthusiastic response to this Mahotsava as 23 Sainik Schools viz. Sainik School of Amaravatinagar (Tamil Nadu), Ambikapur (Chhattisgarh), Balachadi (Gujarat), Bhubaneswar (Odisha), Bijapur(Karnataka), Chittorgarh(Rajasthan), Gopalganj (Bihar), Imphal (Manipur), Jhunjhunu (Rajasthan), Kalikiri (Andhra Pradesh), Kazhakootam (Kerala), Kodagu (Karnataka), Korukonda (Andhra Pradesh), Kunjpura (Haryana), Nagrota (Jammu & Kashmir), Nalanda (Bihar), Punglwa (Nagaland), Purulia (West Bangal), Rewari (Haryana), Satara (Maharashtra) and of Tilaiya (Jharkhand) participated in this grand festival.

First Day

Swami Nirbhayananda Saraswati, President of Ramakrishna Vivekanand Ashram, Bijapur and Gadag inaugurated the grand mahotsava. The programme commenced with 'Gajavadana' invoking of Lord Gajanan by Sainik School Bijapur. It was followed by Kannada 'Nad Geethe' (State song) 'Jay he Karnatak Mate' by Sainik School Bijapur. Sainik School Jhunjhunu presented a welcome song in Rajasthani 'Padharo Maro Desh' whereas Sainik School Nalanda presented a popular Maithili song 'Jai Jai Bhairavi Asur Bhayawani'.

Sainik School troupes from various regions presented the cultural programme in the form of group songs, dance and skits portraying diversity of India's rich culture and heritage. These were followed by spectacular programmes by various Sainik Schools. There was enthusiastic response from the spectators for the variety of cultural programmes including skits and dances. The cadets were impressed with variety of dance forms and rich culture of different parts of the country.

Sainik School Amaravatinagar presented a patriotic song which filled the audience with fervor. This was followed by a solo song performance and folk dance with contemporary steps and traditional dress.

Sainik School Ambikapur presented a state song of Chattisgarh 'Arpa Paire Ke Dhar.' It was followed by a folk dance 'Karma' which is very popular among the tribal communities of Gonds, Baigas and Oraons. Next was Satnami tribal dance depicting tribal art of Chhattisgarh.

Sainik School Balachadi performed the theme song of Gujarat 'Jai Jai Gandhi Gujarat' and the traditional dance of Gujarat – Garba.

Sainik School Bhubaneswar showcased their rich tribal culture through the dance performance. The traditional form of folkloric dance Sambalpuri and Surguja were performed which were feast to the eyes.

Sainik School Bijapur presented the skit 'Eklavya' based on the life of legendary character Eklavya. It was followed by an enthralling performance of folk dance on the popular Kannada folklore 'Maayadanta Male Bantanna' and a group song 'Channappa Channagowda'.

The exhibition of state icons of different states was organized on the occasion. It showcased the diverse culture and traditional costumes of various regions. This exhibition showcased iconic personalities of different states and regions like Aryabhata, Emperor Ashoka and places of tourists' interest which were graphically illustrated in pictorial exhibition. Models of famous temples and sample ingredients of different regions were also displayed. The cadets dressed in varied costumes and traditional dresses signified the diversity. The outstation troupes visited the historical monuments of Bijapur city.

Second Day

On the second day of this mega Mahotsava on 30th January 2019, 'Run for Unity' was conducted from the famous historical monument of Gol Gumbaz to Sainik School Bijapur. After the run, the cultural programmes portraying diversity of India's rich culture and heritage continued for the second day.

Sainik School Chittorgarh presented a Skit on the 'Battle of Mewar', the war between Maharana Pratap and Akbar. They also performed traditional dance, popularly known as 'Ghumar dance'.

Sainik School Goalpara presented 'Bihu' dance which is performed during the famous festival of Assam 'Bihu'. It was an eye-catching performance. These dancers reflected the culture of Assam-the doorway to the North East India.

Sainik School Gopalganj presented 'Mithila Dance' and a Mime show on 'Saat Shaheed Smarak', statue of seven martyrs. It was based on the story of seven martyrs who sacrificed their lives during Quit India Movement.

Sainik School Imphal performed the traditional dances and folk songs such as 'Kabui' tribal dance, which is performed during harvest season and traditional dance "Leilangba", which is performed during the festival of Haiharabby Meiteis, the natives of Manipur.

Sainik School Jhunjhunu showcased Rajasthani culture through dance performance. They performed "Kalbelia" dance dedicated to Lord Shiva and "Gongowe" dance dedicated to Goddess Durga.

Sainik School Kalikiri presented the popular dance form 'Kuchipudi', which is a state dance of Andhra Pradesh. 'Burrakatha' and 'Harikhata' were performed which are the art forms that narrate the stories. The art form 'Kolatham' performance was mesmerizing.

Sainik School Kazhakootam presented a group song 'Vanchipattu'. The second programme was a fusion of various art forms of Kerala such as Kalariyapattu, Kathakali and Vallichappadu. Acrobatics, sword fights & wrestling were enchanting and they showcased the varied art forms of God's own Country.

Sainik School Kodagu did a solo performance of folk art 'Yakshagana' which is a popular classical art form of southern Karnataka. Next was group song narrating the rich culture and tradition of Coorg and glorifying legendary heroes and great warriors of Coorg. The presentation ended with group dance 'Walaga', which is performed during marriage ceremonies of Kodavas.

Sainik School Korukonda performed group dance which portrayed the beauty & culture of the Telugu villages. It was followed by solo performance depicting the legendary Emperor Gautamiputra Satakarni of Satavahana dynasty.

Sainik School Kunjpura presented the glory of Haryana in the field of sports. The song based on 'Beti Bachao Beti Padhao' movement was sung in order to stress upon the significance of this Abhiyan. They performed group dance based on the culture of Haryana. They also tried to portray the glory of Haryana in sports field.

Sainik School Nagrota presented 'Nukkad Natak' based on the history of Jammu and Kashmir. It was glorification of the legendary personalities like Lalit Aditya, Kashyap Rishi and poet Laleshwari. The presentation on the important places of tourist interest included 'Mansar Lake' and 'Dal Lake' besides Patni top and Pahalgam.

Sainik School Nalanda presented 'Yeh Hai Mera Bihar' song. It is about the iconic personalities of Bihar who have earned a niche for themselves in various fields. It mentioned the names of Aryabhatta, Buddha, Mahavira and Emperor Ashok. The troupe also performed 'Jat and Jatin dance', which is popular in Maithili and Kosi regions of Bihar.

Sainik School Punglwa presented Nagaland Unity Dance in colourful attire followed by group song "Something I need", English song of the band 'One Republic' and Elton John's pop song 'Original sin'.

Sainik School Purulia presented a group song on the theme of self awakening by revolutionary poet Kazi Nazrul Islam. It was followed by a group dance on Rabindra Sangeet 'Kharo Bayu Boy Bege' in Rabindra nritya style. The last one was Dhrupad of Bishnupur gharana, classical form of singing followed in the Hindustani music. The alaap on Dhrupad on Raag Iman and Layakari were captivating.

Sainik School Rewa presented 'Baredi dance' which is performed by the Aheer community of Madhya Pradesh. Next was group song titled 'Ek Desh Sandesh Ek Hai' with the message of Unity in Diversity. The programme ended with the mime show which had the message of universal peace.

Sainik School Rewari presented a skit on 'Female Foeticide' which is a major social menace of Haryana. This was to create awareness about 'Beti Bachao Beti Padhao' Abhiyan and its successful implementation. This was followed by a group song dedicated to Lord Shiva.

Sainik School Satara attempted to showcase the folk culture of the state in dance forms. It commenced with Ganesh Vandana which was done in typical Maharashtrian style of dance form. It was followed by different forms of prayers offered by different communities.

Sainik School Tilaiya performed traditional Chain Dance known as 'Jhumar'. This dance is performed by the tribes of Jharkhand such as Oraon, Munda and Santhali. It is performed during the festivals and marriage ceremonies.

After music and dance, it was time for some mouth-watering cuisine. The picturesque lawn opposite Cadets' Mess was adorned with dishes from different states which spread the aroma of various delicacies including North Karnataka's popular Shenga Holige, Jowar and Bajra Roti to North Indian Paneer Makhani, Kashmiri Lal Mas and Hyderabad Biryani, Kerala's Parupu Curry and Adda Payasam, North Indian Kachumber Salad and Carrot Halwa, Tamil Nadu's popular non-veg dish Chicken Chettinadu & Manipur's Mattar Utti.

Final day

The final day of 'Ek Bharat Shreshtha Bharat' Mahotsava commenced with the Yoga Session, which concluded with meditation. The concluding ceremony of Inter Sainik Schools Mahotsava 'Ek Bharat Shreshtha Bharat' culminated with selected cultural activities on 31st January, 2019. It included captivating dance performance and mesmerizing skits. The spectators were regaled with enthralling performance of budding artists.