Report for Ek Bharat Shrestha Bharat (EBSB)

Our College Ek Bharat Shrestha Bharat (EBSB) club and Internal Quality Assurance cell (IQAC) jointly organized Three days Webinar on “Personality Enrichment Program for Coping with Stress of Pandemic”, under quality enhancement Program. A Multi-disciplinary webinar series for students from 24th July 2020 to 26th July 2020 between 11.00 A.M – 1.30 P.M through Google meet platform. Mr. Thilip Kumar, M.A Mass Communication and Mr. M. Kumar, MBA Finance, was the resource persons. The session was highly useful and informative for students. There were 86 students participants from various departments of our college including all the faculties of various departments. The session was well explained by resource persons and the students are highly motivated. All the students have got a clear idea about Relaxation Technique and Interiorization, Rejuvenation and Affirmation & Setting up a goal. The session was very interactive. The students clarified their doubts and got benefitted in the question & answer session.

Our sincere thanks to Alhaj. M.G. Dawood Miakhan, Secretary and Correspondent, Dr. A. Rafi, Director, Dr. (Mrs) M. Amthul Thawab, Principal, Mr. T. Mohammed Iqbal, Admin Manager and staff members of IQAC of The Quaide Milleth College for Men, Medavakkam, Chennai -600100.
Greeting from The Quaid-e-Millah College for Men, Chennai-600 100.

Ek Bharat Shreshthta Bharat club in association with IQAC organizes a Three days Webinar on Personality Enrichment Program for Coping with Stress of Pandemic.

**Resource Persons**

1. Shri. Philip Kumar
   M.A. Mass Communication

2. Shri. M. Kumar
   MBA Finance

**Topics**

Day 1: Relaxation Technique and Interiorization

Day 2: Regeneration

Day 3: Affirmation & Setting up a goal

Date: 24, 25 and 26th July 2020 (Three days)

Time: 11:00 AM to 1:30 PM

Ek Bharat Shreshta Bharat Club in association with IQAC organizes a Three days webinar on Personality and Enrichment Program for Coping with Stress of Pandemic
15 responses

Message for respondents
This form is no longer accepting responses, and has been set to automatically close by

Who has responded?

Email
rbdurajad@gmail.com
pryamcsfhy2002@gmail.com

Univ. Madras, Chennai-680010

The Quaid Milind college for men, Madavakkam, Chennai 600100

Madavakkam, Chennai-600100

Madavakkam, Chennai -600100

The quaid millford college for men valashery main road, madavakkam. Chennai 600 100.

Cats
14 responses

- M. Chem
- B. Com - A
- B. Com - B
- B.Ed mathematics
- Student
- Faculty
Day - 1 - Feedback Form - Ek Bharat Shreshtha Bharat Club in association with IQAC organizes a Three days webinar on "Personality Enrichment Program for Coping with Stress of Pandemic"

Form description

Email address *
59 responses

Who has responded?

Email
- afishmal100@gmail.com
- shallleasham442002@gmail.com
- #Hquarsheen285@gmail.com
- umuki2001@gmail.com
- maaqaqueen7879@gmail.com

Gender Pie Chart:
- Male: 70.7%
- Female: 29.3%

Stream Pie Chart:
- Comments: 57.6%
- Blanca: 42.4%
Day - 2 - Feedback Form - Ek Bharat Shreshtha Bharat Club in association with IQAC orgnizes a Three days webinar on "Personality Enrichment Program for Coping with Stress of Pandemic"

Form description

Email address *

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Feedback of Day - 2

- Awareness of the program
- Content of the program
- Usability of the program
- Length of
The Quaid e Millet College for Men
Re - accredited by NAAC
A Govt. Aided Research & Post Graduate
Co. Educational Muslim Minority Institution
Affiliated to University of Madras
Tambaram - Velacheri Main Road
Medavakkam, Chennai - 600 100

Day - 3 - Feedback Form - Ek Bharat Shreshta Bharat Club in association with IQAC organizes a Three days webinar on "Personality Enrichment Program for Coping with Stress of Pandemic"

Form description
Email address *

86 responses

Summary Question Individual

Insights

Average 0 / 0 points
Median 0 / 0 points
Range 0 - 6 points

Total points distribution