Sri Meenakshi Govt Arts College for Women(A), Madurai

National Service Scheme

The NSS unit 53 and 55 of Sri Meenakshi Govt Arts College for Women(A), Madurai organized a **Online Quiz programme** for the students to insist the importance of **International Day for Yoga 2020** from 20/06/2020 to 22/06/2020.

The following snapshots are the students of SMGAC, Madurai performed asanas in different postures (Both sitting and standing Asnas) and it was circulated to other students to provide an impact on practicing yoga on 6th International Day of Yoga on 21/06/2020.

Also we have circulated some Sitting and Standing Asnas Photos to students and their family members. They are also actively participated.

**Sitting Asnas**
Standing Asnas
Nearly 200 students and their 136 family members participated in this event. Some of the NSS Volunteers and their family members practiced asanas in their home.
All the NSS POs attended the training on **Psycho Social Care during COVID** on 15/06/2020.

Dr. S. Devibala NSS PO(Unit No. 53) and Dr. K. Lilly Mary Eucharista NSS PO(Unit No. 55) attended one day ONLINE Workshop on Swacchta Action Plan, SAP for NSS Program officers of Madurai District organized by Mahatma Gandhi National Council of Rural Education on 25/06/2020. The program was very informative. It was inaugurated by Dr. M. Krishnan, Vice Chancellor, MKU and the following are various topics presented by reputed resource persons.

**Resourse Persons of the Workshop**

Mr. K. Baskaran, Chairman, Industrial Waste Management Association, Chennai – Keynote address
Dr. Mahendranath - Swatchhta Action Plan
Mrs. Priyadharshini - Solid Waste Management
Dr. S. Sankar – Water and Grenary
Mr. Solar Suresh – Energy Conservation
Mr. M. S. Suresh – Voulunteerism as a way of life for Healthy Evviornment
Dr. B S C Naveen Kumar – Jalsakthi Abiyaan – Jaisakthi Campus and Jalsakthi Gram
Dr. A. Bhoomadevi – Who is a volunteer?
Dr. P. Rajkumar, NSS Program Coordinator
Dr. M. Senthil Kumar, SNO, NSS Tamil Nadu

NSS Volunteers of Unit 53 and 55 attended SAKSHAM – State level Seminar for people with LEPROSY CURED but DEFORMED PERSONS in the topic **Community Based Rehabilitation** on 21/06/2020. Likewise, they attended online webinar on **The Impact of false Declaration of Elimination of LEPROSY** on 28/06/2020.

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