Ethno Medicinal Plants used in Apong Preparation - a Traditional Beverage

The rice beer prepared by the Mising is known as ‘Apong’ and the mantra cake is called as ‘supa pitha’. Apong forms an integral part of the culture, traditions, festivals, marriages and even death ceremonies and of this tribe. During Ali-Aye Ligar (traditional festival of mining tribe) Apong, along with chickens and pigs is offered to the spirits to placate them.

There are 37 species are recorded during investigation. Among them 7 species effect on gastrointestinal problem, 6 species effect on skin disease & respiratory ailments where as 4 species effect as anti-diabetic purposes, not only this other 2 species also affects individually on rheumatism, jaundice and as anti-malarial purposes. Remaining species are used as ant-helmintic, galactogogue etc.

It gives energy besides its soothing effect and other medical properties to the consumer. It works effective against Insomnia, headache and inflammation, diarrhea, and expel mucus as a treatment of cholera.

"Biodiversity in Rajasthan and Assam" 27/06/2020 (11:00 am) Organized by "Ek Bharat Shrestha Bharat club"

Joining info
meet.google.com/vev-hxma-pew

Attachments (0)

Google Calendar attachments show up here
Ethno Medicinal Plants used in Apong Preparation - a Traditional Beverage

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Description

Dear Participant

I am happy to inform you that your application has been approved and accepted for participation in Webinar on "Biodiversity in Rajasthan and Assam" at Government Meera Girls' College, Udaipur on 27 June, 2020. This Webinar is being organized by Ek Bharat Shrestha Bharat club, a project of MHRD in collaboration with National service scheme units of Government Meera Girls' College, Udaipur.

The purpose of this Webinar is to acknowledge the diverse wild herbs flourishing in Rajasthan and the partner state Assam.

The Google meet app link for joining the webinar is as under:
https://meet.google.com/vew-hxma-pew

Kindly note the following points:
<table>
<thead>
<tr>
<th>Scientific name</th>
<th>Local name in Rajasthan</th>
<th>Local name in North Bengal</th>
</tr>
</thead>
<tbody>
<tr>
<td><em>Tinospora cordifolia</em></td>
<td>Giloy, Neem-gilo</td>
<td></td>
</tr>
<tr>
<td><em>Terminalia bellirica</em></td>
<td>Bahera, Veda</td>
<td></td>
</tr>
<tr>
<td><em>Terminalia arjuna</em></td>
<td>Arjun, Kaduua, Kohda.</td>
<td></td>
</tr>
<tr>
<td><em>Azadirachta indica</em></td>
<td>Neem, neemdo, limdoo</td>
<td></td>
</tr>
<tr>
<td><em>Calotropis procera</em></td>
<td>Akada,</td>
<td></td>
</tr>
<tr>
<td><em>Aegle marmelos</em></td>
<td>Bel-patra, Bila</td>
<td></td>
</tr>
<tr>
<td><em>Nyctanthes arbor-tristis</em></td>
<td>Har - Singar</td>
<td></td>
</tr>
<tr>
<td><em>Ficus religiosa</em></td>
<td>Pipal, Peepli</td>
<td></td>
</tr>
<tr>
<td><em>Asparagus racemosus</em></td>
<td>Satawari</td>
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