

## Report

### Webinar on “Emotional Well being at work: Psychology of emotional intelligence”.

In an age when relationships between individuals and organizations are getting more and more complex, it is not enough to only have an excellent IQ. While there are many benefits to having high intelligence, many managers, supervisors, and other workers—particularly those who work in businesses in which interpersonal relationships are key—have become keenly aware that workplace success may depend on their ability to use another invaluable personality trait: emotional intelligence.

A webinar was conducted in association with in association with ABLE & i-Care Academy, Navi Mumbai on 4<sup>th</sup> June 2020 from 5:00 p.m. to 6:30 p.m.

The resource person was Mr. Ramesh Neel, Business coach, behavioral analyst A total of 483 participants from various places have attended the webinar.

In a spirited discussion of how ideas should be winnowed, Mr. Ramesh suggested that To be effective leaders in the workplace, managers, supervisors, and other authority figures must be able to function productively with people under their charge. High emotional intelligent leaders are able to use their social skills to foster rapport and trust with their employees.

**MLR INSTITUTE OF TECHNOLOGY**  
(UGC Autonomous and Approved by AICTE - New Delhi), NBA and NAAC accredited

**Department of Mechanical Engineering**

**PRESENTS**  
**WEBINAR**  
on

**04/06/2020**  
**5:00PM to 6:30 PM**

**Emotional Well Being at Work:  
Psychology of Emotional Intelligence for Teaching Faculty**

**Mr. Ramesh Neel**  
Business Coach, Behaviour Analyst & Psychotherapist,  
Association of Business Leaders & Entrepreneurs, Navi Mumbai.

**Associate Partners:**  
**ABLE** ASSOCIATION OF BUSINESS LEADERS & ENTREPRENEURS  
**i-Care Academy**

**Registration Link:**  
<https://forms.gle/PexQ5wfrMwBFEM2U6>

**Follow this link to join WhatsApp group:**  
<https://chat.whatsapp.com/JGGOjmc9hRr9eG89EN0U5o>

**Co-ordinators:-**  
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**MHRD**

# 3 ASPECTS ...have Changed

- ▶ Life
- ▶ Livelihood
- ▶ Lifestyle

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## Participants (483)

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Host, me
  - Neel Ramesh
  - NRAVI KUMAR
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  - A VENKATA LAXMAN RAO
  - A.Venkata Swami
  - aarthi joshi
  - Abdul
  - Addula venkatramreddy

